## **Craniopathy and Bio-Cranial Therapy**

What do these procedures accomplish?

- 1. Restoration of normal function to your nervous system by releasing tension (physical) and allowing more flexibility and adaptability. Your ability to respond effectively to stress and challenge is improved.
- 2. Reduction of physiological stress levels.
- 3. Free-up vascular (blood) channels to promote restoration of better circulation.
- 4. Enhances movement of blood and other body fluids, such as the cerebrospinal fluid that flows from the brain to cisterns (cavities within brain hemispheres) through a duct system within the brain and then down and around the spinal cord for proper nerve function, increasing resistance to disease invasion.
- 5. Restoration of normal motion to the brain and spinal cord to allow expansion and contraction without restraint as this is paramount to your health.