

Please Allow Me To Test Your Knowledge Of Chiropractic For A Moment

Do you know the answer to the following three questions?

1. What is SUBLUXATION?
2. What is INNATE INTELLIGENCE?
3. What is the purpose of a CHIROPRACTIC ADJUSTMENT?

Please think about these questions before I give you the answers. It is my hope that as my patients get well, they understand what Chiropractic does and why Chiropractic works. The principle of Chiropractic is simple and it means a great deal to me when others understand it. Here are the answers:

1. A SUBLUXATION is a misalignment of the vertebrae which causes an interference with the function of a spinal nerve. Since spinal nerves carry the electrical impulse from the brain to many parts of the body, a subluxation can have wide reaching effects: muscles may be affected as well as organs, glands and other tissues. This is why people with spinal problems tend to have a wide variety of symptoms.

A Subluxation is what Chiropractors treat. Just as a dentist treats a cavity, a Chiropractor treats a subluxation.

2. INNATE INTELLIGENCE is the powerful in-born intelligence of your body. Innate intelligence maintains your body temperature at 98.6 degrees. It heals wounds. It keeps your heart beating. It makes drugs (like insulin, adrenaline, cortisone). It digests food and it makes new blood cells, etc, all without your conscious thought! The innate intelligence is also known as the wisdom of the body. The innate intelligence controls all of the millions of functions of your body and is coordinated by the brain by sending billions of electrical impulses down the spinal cord and along the spinal nerves. The Brain can send a constant flow of innate intelligence to every cell in your body. Without this flow of innate intelligence you body could not continue to function.
3. A CHIROPRACTIC ADJUSTMENT is the specific adjustment a Chiropractor uses to remove the (vertebral) SUBLUXATION. By removing subluxation, a Chiropractor can eliminate the interference with the function of your spinal nerves and restore the flow of INNATE INTELLIGENCE to the tissues of the body, which are being deprived of their proper nerve supply. Once the interference with the flow of innate intelligence is removed, and proper nerve flow is restored, the body's powerful healing power can go to work. Chiropractors remove subluxation and allow the body to heal itself... Naturally. Innate intelligence heals the body without drugs and without side effects.

I would like to thank you for reading this article and hope that you will share your knowledge of Chiropractic with others. Remember... The body can usually heal itself when it is functioning properly. Every prescription drug on the market imitates a substance your body already produces! Make sure your body is functioning at 100% by staying free of subluxation. It's a decision you can live with!